



FOOTPRINTS VOLUME 50, NO. 33 11/03/2025

GENERAL BOARD UPDATES

- A Strider's Holiday Party is in the works!
-We have a lot of exciting things in the works for our 50th anniversary in 2026! We're in the preliminary planning stages now.
-We are also in the process of setting the dates for next year's training programs.
-If you have ideas for social events you'd like to see from us, please feel free to reach out at social@striders.net
More news to come soon!

CONGRATULATIONS AND THANKS TO ALL THE RUN THROUGH THE GRAPEVINE PARTICIPANTS!

This year's grapevine saw 129 registered participants with 115 stepping up to the start line. Weather was in the 50s, mostly sunny, and no wind. Robby Creese took first male, and first overall with a blazing time of 30m37.7s. This year's top female, Alexandra Carrizales, was not far behind, crossing in a swift 34m22.2s.

Photos can be found HERE

We wish to thank all of our participants and our volunteers. Without you, we could not host these events. Your generous donations sent nearly 100lbs of food and baby supplies to the Food Bank for our neighbors in need.

If you wish to donate further, please visit: https://cac-hc.org/cac-programs-donate/
We welcome feedback on what you enjoyed and what you would change. Please email us at SpecialRaces@striders.net with the subject line "2025 Grapevine Feedback".

https://striders.net/2025-run-through-the-grapevine-8k/

RACING TEAM UPDATES

- Paul Short XC Run: Harrison Bassin set a new 8k PR (27:44)
Hua Sports Half Marathon: Jessie Yang finished 1st overall and set a new PR (1:33:00); Wei Hu finished 2nd overall/1st Master (1:24:21)
Columbia Classic 10k: Men's team swept the top 7 overall and many age group wins! Clark Otte led the way with his 1st place finish (32:11). Women's team swept the top 3 overall and many age group top finishes too. Hannah Betman finished 1st overall (36:22).
Steamtown Marathon: Jicheng (Jason) Liu set a new PR and was 1st Masters runner (2:46:41)
Mohawk Hudson River Half Marathon: Samantha Curry set a new PR (1:22:18)
Army Ten Miler: Kiri Michell set a new PR (1:01:06)
Baltimore Running Festival Half Marathon: Harrison Bassin set another new PR (1:16:09); Deb Hicks bettered her own grandmasters racing team record (1:35:26)
Baltimore Running Festival Marathon: As a Charity Chaser for Athletes Serving Athletes (ASA), Hannah Betman finished 4th overall and raised \$4,132 for ASA
Run Through the Grapevine 8k: Alexandra Carrizales finished 1st overall (34:23). Paul Hugus, Adam Wytko and Sean Caskey finished 2nd, 3rd and 6th, respectively. The team also put together a donation of non-perishable food items for the local food bank, through the Community Action Council of Howard County.

Full race recaps can be found here. Want to follow along? Check us out on Instagram @hocoracingteam!

UPCOMING RACES, EVENTS AND TRAINING

Don't Miss the Next Legends of the Fall Races!

Sunday, November 16, 2025 at 2pm
Mount Hebron High School

There will be two distances (2 miles and 5 miles.)

Sunday, November 30, 2025 at 2pm
Clemens Crossing Elementary School

This event will have 2 mile and 4 mile distances.

Registration takes place on race day. \$1 for HCS members, \$2 for Non-Members, \$3 for HCS Member Family, \$4 for Non HCS Member Family
More information can be found on our website

SAVE THE DATE: Turkey Trot Prediction Run

Thursday, November 27, 2025 finishes at 11am
Jeffers Hill Neighborhood Center
6031 Tamar Drive, Columbia, MD 21045

Join us for this yearly tradition! There's no formal start time, just finish the distance as close to 11am as possible. With a prediction run, you just start whenever you want and whomever finishes closes to 11am wins!

Registration opens at 9am, closes at 10:30am.

Strider Student Members \$1, Strider Members \$5, Strider Family \$10

For more information check out our website

Keep an eye out for some upcoming festive runs and events!

Details to come soon!

STRIDERS GROUP RUNS



Thursdays at 6:00pm at Feet First in the Wilde Lake Village Center. All are welcome! Most routes go towards or around Lake Kittamaquindi. (Some fun side stops including to the Farmer's Market are routine!). Route maps are available upon request inside Feet First.



Saturdays 7:00 am sharp in the Columbia Swim Center parking lot. If you are new, plan to arrive early and introduce yourself. The run leaves the parking lot at 7 am ON THE DOT. All paces are welcome, and there are runs from routes from 6-20 miles. The Striders have run this run every single Saturday for 40+ years. See https://striders.net/groups/bagel-runs/ for more information. If you aren't running this week, consider helping to put out water.

Sign up here to provide water

CLICK HERE FOR MORE GROUP RUNS AND UPCOMING EVENTS



Howard County Striders PO Box 563
Columbia, MD 21045, USA

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